

**ADAMS 12 FIVE STAR SCHOOLS
OUTDOOR EDUCATION PROGRAM**

STUDENT EQUIPMENT LIST

Because of limited space in the luggage compartments of the buses, students are limited to ONE medium sized suitcase (soft-type or duffel bag preferred). Backpacks on a hard frame are not acceptable. Items such as shoes should not be tied or attached to the outside of luggage.

YMCA/High Peak will provide sheets, blankets, pillows/cases, towels/washcloths, therefore, sleeping bags are not needed.

Each student **must** bring:

- Sack lunch** for first day
- Raincoat *or* waterproof coat
- Two pair of shoes (one pair should be tennis shoes, second pair could be hiking boots, cold weather boots, or overshoes.)**
- Warm coat (1) best if wind resistant
- Warm head covering with ear protection
- Gloves or mittens
- Two sets of clothing (clothes that can be layered for warmth are best)
- Socks - several pair
- Pajamas, warm
- Toothbrush/toothpaste
- Brush/comb
- Deodorant (non-aerosol)
- Soap
- Plastic bag for dirty clothes
- Water bottle
- Pencil or pen
- Lip protection such as "Chapstick"
- Sunglasses/sunscreen
- Any special medication (give to teacher with Medication Permission Form)

Optional Items:

- Small daypack
- Camera (students are responsible for loss or damage)
- Long underwear (highly recommended for winter)
- Paperback books, magazines or comic books
- Watch/travel alarm clock

Do Not Bring:

- Hard-frame backpacks**
- Sleeping bags**
- Summer style clothes**
- Aerosol spray cans
- Electric items such as radios, tape players, games, cell phones, pagers, etc.
- Knives
- Toys (e.g., yo-yo's, squirt guns, electronic games)
- Any drug (unless prescribed by doctor and given to teachers)
- Snacks
- Money, jewelry, or other valuables
- Flashlights (unless given special permission)

Please label all possessions with student's name and school.
Each student will be responsible for his/her belongings.
Safe School Board Policy regarding clothing will be enforced.