

Writing Assignment

In your notebook, write your responses for the following statements. You will be graded on proper heading, complete sentences, proper paragraphs, punctuation, etc...

1. Write about the kinds of pressures you feel:
 - a. As a student
 - b. As a friend
 - c. As a son or daughter or family member

How do you deal with those pressures? Are you satisfied with the way you deal with them, or are there any ways to handle those pressures better?

2. Write about the kinds of pressures you feel about your future.
3. Write about a time when pressure made you lose perspective. What happened? What would have helped? What did you learn from that? How would you handle it differently in the future?
4. Write about a time when you were under a lot of pressure and somebody helped you through it.
5. Write about one or two positive pressures in your life. What's good about them? What do they do for you? How do you respond to these pressures?
6. Imagine that someday you will have a child. Write letters of advice for that child to read when he or she reaches the age you are right now. Tell the child about the pressures you experience at this age, how those pressures affected you, and how you hope he/she will deal with his/her own pressures at this age.